

Welcome to

# Salmon n' Bannock Bistro

www.salmonandbannock.net

## BANNOCK

-Bannock (ban-ik - unleavened bread - baked in house)	3
-Gluten Free Bannock	4
-Side Berry Jam	0.50
-Side Cedar Jelly or Sage Infused Blueberry Preserves	1
-Side Pemmican Mousse (Savoury, sweet and smoky. Cream cheese base with dried bison and mixed berries)	10

## APPETIZERS

-Wild Sockeye Cured in Beetroot and Citrus - citrus crème fraiche and bannock crackers	15
-Mushrooms on Toasted Bannock – Served with brie, sage-blueberries and bison gravy	13
-Game Sausage (ask our server for today's selection) served with our sage-blueberry preserves (1 link)	12
-House Smoked Braised Duck Wings - Shake 'n Bake style with wild mushrooms and grits (3 per order)	14
-BBQ Salmon Mousse - served with crispy salmon skin and bannock crackers	10
-Candied Salmon - candied and smoked wild chum salmon, maple drizzle	10
- <u>Salmon Sampler</u> (serves 1 pers): Wild salmon prepared 3 different ways, served with bannock crackers	12
- <u>Game Sampler</u> (serves 1 pers): 3 different types of game, berry preserves, cedar jelly, smoked cheddar and crackers	14

## SALADS - Daily vinaigrette

	Small	Large
-Organic Mixed Greens – Fresh and topped with seasonal berries	10	12
Add House Cured Sockeye Salmon +15		
-Maple Coleslaw -Crunchy with a sweet and spicy vinaigrette.	10	12
-Arugula Salad - Beets, maple pecans, berries tossed in spiced honey vinaigrette	10	12

## SOUPS - Large soups are served with bannock

	Small	Large
-Daily Soup or Vegetarian Chili	10	14
-Add Grated Cheese 1, Add Sour Cream 1		

## BANNOCK FLATBREAD

-The Sage Smoked	22
Wild sockeye salmon, caramelized onions, cream cheese, smoked cheddar, cherry tomatoes and kale	
-The Lazy Hunter	19
-Mushrooms, zucchini, potatoes, smoked cheddar, cherry tomatoes, corn, garlic cream sauce	
Add a game sausage link +12      Add Smoked Boar Bacon +2.5	
Gluten free Flatbreads available +2	

## MAINS – Make it a 3-course Meal for only +15 extra. Includes choice of Soup or Salad and House-made Dessert

-Wild Sockeye Salmon in Haida Gwaii Kelp medicine pouch, bannock dumplings, white wine, citrus sauce	32
-Feature Game Sausage (2 links) Served with seasonal vegetables and potatoes	28
-Red Snapper -Crispy potato lattice layered with seasonal vegetables and garlic cream sauce	28
-Bison Pot Roast -24-hour slow roasted Bison, served with gravy, seasonal vegetables and potatoes	34
-Garden Balls -Vegan baked vegetable “fritters” on a bed of bannock dumplings served with white wine, citrus sauce	22
-Daily Feature (ask your server for details)	MARKET PRICE

## BANNOCK BURGERS and SANDWICHES

Served with our signature bannock and your choice of Organic Mixed Greens or Baked Sweet Potato Wedges  
Substitute for a side soup +4 / Half salad and half sweet potato wedges +2 / Gluten free Bannock +2

-Salmon n' Bannock Burger - Sage Smoked Wild Sockeye Fillet, juicy and delicious	20
-Game Burger - 100% Elk – Organic, Free Range Elk served on our Signature Bannock	20
Add Smoked Boar Bacon +2.5 / Add Brie +2 / Add Mushrooms +2	
-Open Faced Bison Sandwich – 24-Hour Slow Roasted Bison served with our signature gravy	20

## BANNOCK TACOS - gluten free bannock +2

House chili on bannock with shredded organic greens, diced tomatoes, red onions, cheddar cheese, side sour cream  
Vegetarian 15, Elk 19

## SIDES

Daily Vegetables - 6 / Daily Potatoes - 6 / Sweet Potato Wedges - 8 / Ojibway Wild Rice Pilaf - 10

<u>DESSERTS</u> - Daily selection of fresh baked treats made by our in-house baker	10
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