

Welcome to

Salmon n' Bannock Bistro

www.salmonandbannock.net

BANNOCK

-Bannock (ban-ik - unleavened bread - baked in house)	3
-Gluten Free Bannock	4
-Side Berry Jam	0.50
-Side Cedar Jelly or Sage Infused Blueberry Preserves	1

APPETIZERS

-Wild Sockeye Cured in Beetroot and Citrus - citrus crème fraiche and bannock crackers	15
-Mushrooms on Toasted Bannock – Served with brie, sage-blueberries and bison gravy	13
-Side Pemmican Mousse (Savoury, sweet and smoky. Cream cheese base with dried bison and mixed berries)	10
-Game Sausage (ask our server for today's selection) served with our sage-blueberry preserves (1 link)	12
-BBQ Salmon Mousse - served with crispy salmon skin and bannock crackers	10
-Candied Salmon - candied and smoked wild chum salmon, maple drizzle	10
-Salmon Sampler: Wild salmon prepared 3 different ways, served with bannock crackers	15
-Game Sampler: 3 different types of game, berry preserves, cedar jelly, smoked cheddar and crackers	15
-Additional Bannock Crackers +2	

SALADS - Daily vinaigrette

	Small	Large
-Organic Mixed Greens – Fresh and topped with seasonal berries	10	12
Add House Cured Sockeye Salmon +15		
-Maple Coleslaw -Crunchy with a sweet and spicy vinaigrette.	10	12
-Arugula Salad - Beets, maple pecans, berries tossed in spiced honey vinaigrette	10	12
Add Goat Cheese or Brie +3		

SOUPS - Large soups are served with bannock

	Small	Large
-Daily Soup or Vegetarian Chili	12	16
-Add Grated Cheese 1, Add Sour Cream 1		

BANNOCK FLATBREAD

-The Sage Smoked	22
Wild sockeye salmon, caramelized onions, cream cheese, smoked cheddar, cherry tomatoes and kale	
-The Lazy Hunter	19
-Mushrooms, zucchini, potatoes, smoked cheddar, cherry tomatoes, corn, garlic cream sauce	
Add a game sausage link +12 Add Smoked Boar Bacon +2.5	
Gluten free Flatbreads available +2	

MAINS – Make it a 3-course Meal for only +15 extra. Includes choice of Soup or Any Salad and House-made Dessert

-Wild Sockeye Salmon in Haida Gwaii Kelp medicine pouch, bannock dumplings, white wine, citrus sauce	32
-Feature Game Sausage (2 links) Served with seasonal vegetables and potatoes	28
-Red Snapper -Crispy potato lattice layered with seasonal vegetables and garlic cream sauce	28
-Bison Pot Roast -24-hour slow roasted Bison, served with gravy, seasonal vegetables and potatoes	34
-Garden Balls -Vegan baked vegetable “fritters” on a bed of bannock dumplings served with white wine, citrus sauce	22
-Daily Feature (ask your server for details)	MARKET PRICE

BANNOCK BURGERS and SANDWICHES

Served with our signature bannock and your choice of Organic Mixed Greens or Baked Sweet Potato Wedges
Substitute for a side soup +4 / Half salad and half sweet potato wedges +2 / Gluten free Bannock +2

-Salmon n' Bannock Burger - Sage Smoked Wild Sockeye Fillet, juicy and delicious	20
-Game Burger - 100% Elk – Organic, Free Range Elk served on our Signature Bannock	20
Add Smoked Boar Bacon +2.5 / Add Brie +3 / Add Mushrooms +2 / Add Goat Cheese +3	
-Open Faced Bison Sandwich – 24-Hour Slow Roasted Bison served with our signature gravy	20

BANNOCK TACOS - gluten free bannock +2

House chili on bannock with shredded organic greens, diced tomatoes, red onions, cheddar cheese, side sour cream
Vegetarian 15, Elk 19

SIDES

Daily Vegetables - 6 / Daily Potatoes - 6 / Sweet Potato Wedges - 8 / Ojibway Wild Rice Pilaf - 10

<u>DESSERTS - Daily selection of fresh baked treats made by our in-house baker</u>	10
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