

Welcome to

# Salmon n' Bannock Bistro

www.salmonandbannock.net

Free WIFI - Network: SALMONNBANNOCK  
Password: WEGOTGAME

18% gratuity may be added to parties of 6 and more  
No fast food - please take your time to enjoy  
Menu printed on 100% recycled paper

## BANNOCK

- Bannock (ban-ik - unleavened bread - baked in house) 2.50
- Gluten Free Bannock 3.50
- Side Berry Jam 0.50
- Side Cedar Jelly or Sage Infused Blueberry Preserves 1

## APPETIZERS

- Wild Sockeye Cured in Beetroot and Citrus - *citrus crème fraiche and bannock crackers* 15
- Mushrooms on Toasted Bannock - *bison demi-glace and brie* 12
- Game Sausage - *sage-blueberry preserve (1 link)* 12
- Wild Pulled Boar - *house made barbecue sauce and bannock crackers* 12
- BBQ Salmon Mousse - *served with bannock crackers* 10
- Candied Salmon - *candied and smoked wild chum salmon, maple drizzle* 9
- Salmon Sampler (serves 1 pers): *wild salmon prepared 3 different ways, crackers* 12
- Game Sampler (serves 1 pers): *3 different types of game, berry preserve, cedar jelly, smoked cheddar and crackers* 14

## SALADS - Daily vinaigrette

- |  | Small | Large |
|--|-------|-------|
| • Organic Mixed Greens - <i>garden salad</i>   | 9     | 13    |
| • Warm Roasted Sunchoke Salad - <i>sunflower vinaigrette</i>                                   | 12    | 16    |
| • Three Sisters Salad - <i>corn, zucchini, black beans, wild rice and mixed organic greens</i> | 10    | 14    |

## SOUPS - Large soups are served with bannock

- |                    | Small | Large |
|--------------------|-------|-------|
| • Daily Soup       | 10    | 14    |
| • Vegetarian Chili | 10    | 14    |
- add Cheese 1, add Sour Cream 1

## FLATBREAD - gluten free +2

- Medicine Wheel Bannock Flatbread 19  
Roasted Peppers, Sautéed Mushrooms, Spaghetti Squash, Parsnips, Smoked Cheddar on Sunflower and Fresh Herb Pesto

Add-ons for salads, chili bowl or flatbread: Boar Bacon 3, Wild Sockeye Fillet 16, House Cured Salmon 15, Game Sausage (1) 12, Candied Salmon 9, Goat Cheese or Brie 3

**MAINS** – Add a side organic green salad or small daily soup and dessert to any main for only \$12

*Served with bannock, daily vegetables and potatoes. Substitute daily potatoes for Ojibway wild rice pilaf +4, gluten free bannock +2*

- Wild Sockeye Salmon - *lemon-pea purée, citrus oil and sea asparagus* 29
- Feature Game Sausages (2 links) 28
- Red Snapper - *fresh herbs brown butter* 28
- Slow Cooked Free Range Bison Short Ribs - *signature spice rub and sage-blueberry preserve* 38
- Daily Feature **MARKET PRICE**

## BANNOCK BURGERS - gluten free bannock +2

Burgers are served with your choice of organic mixed greens or baked sweet potato wedges  
Substitute salad or wedges for a side soup +4 / Half salad and half sweet potato wedges +2

- Salmon n' Bannock Burger - *sage smoked wild sockeye fillet, house made pickles, lemon mayo, kale* 17
- Game Burger - 100% Free Range Bison or Elk 18  
Dijon mayo, organic mixed greens, tomato, cheddar cheese, house made pickles
- Wild Pulled Boar - *house made barbecue sauce and pickled onions* 18

**Game Changer: Elk and Bison patties, smoked boar bacon, regular & smoked cheddar, mushrooms, pulled boar, chili 50**

## BANNOCK TACOS - gluten free bannock +2

House chili on bannock with shredded organic greens, diced tomatoes, red onions, cheddar cheese, side sour cream  
Vegetarian 15, Bison 17, Elk 17, Pulled Boar 18, Game Sausage 18

Add-ons for burgers and tacos: Boar Bacon 3, Mushrooms 2, Substitute regular cheddar for double smoked cheddar, goat cheese or brie 3

## SIDES

- Daily Vegetables - 6 / Daily Potatoes - 6 / Sweet Potato Wedges - 8 / Ojibway Wild Rice Pilaf - 10

## DESSERTS - Daily selection of home baked treats

8.5